

# Could it be FABRY DISEASE?

## QUESTIONS TO ASK YOUR PATIENT

|  | YES                      | NO                       |
|--|--------------------------|--------------------------|
| 1. Do you have chronic tingling or burning in your hands or feet?  | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Have you ever experienced episodes of extreme pain in your hands and/or feet of unknown cause, possibly accompanied by fever? | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Do you have trouble sweating or exercising?   | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Do you find heat or cold hard to tolerate?  | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Do you frequently have gastrointestinal problems such as pain and bloating after eating, or nausea, cramps, or diarrhea?      | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Do you have small raised reddish-purple spots on your skin, especially in the "bathing trunk" area?                           | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Do you have a family history of early cardiac or valvular disease, renal failure, or stroke?                                  | <input type="checkbox"/> | <input type="checkbox"/> |

Clusters of signs and symptoms could help distinguish Fabry disease—a progressive, potentially life-threatening disorder—from more common conditions.

## PROGRESSIVE SIGNS AND SYMPTOMS

Fabry disease is progressive and affects multiple organ systems. This chart indicates signs and symptoms that may appear at various stages of life.<sup>1</sup>

Most males with the defective gene are subject to significant morbidity and mortality.<sup>2</sup> While females with the defective gene demonstrate a wide range of disease severity, most develop symptoms.<sup>3,4</sup>

| SYMPTOMS                         | Childhood | Adolescence | Adulthood |
|----------------------------------|-----------|-------------|-----------|
| Hearing loss and tinnitus        | ●         | ●           | ●         |
| Episodic pain crises             | ●         | ●           | ●         |
| Neuropathic pain                 | ●         | ●           | ●         |
| Hypohidrosis/anhidrosis          | ●         | ●           | ●         |
| Corneal and lenticular opacities | ●         | ●           | ●         |
| Recurrent fever                  | ●         | ●           | ●         |
| Heat and cold intolerance        | ●         | ●           | ●         |
| Psychosocial manifestations      | ●         | ●           | ●         |
| Gastrointestinal distress        | ●         | ●           | ●         |
| Proteinuria                      |           | ●           | ●         |
| Angiokeratomas                   |           | ●           | ●         |
| Fatigue                          |           | ●           | ●         |
| Renal insufficiency              |           |             | ●         |
| Neurological complications       |           |             | ●         |
| Cerebrovascular disease          |           |             | ●         |
| Cardiac dysfunction              |           |             | ●         |

# TAKE ACTION



## DIAGNOSING MALES:

- Alpha galactosidase enzyme assay is diagnostic.
- Males typically have <1% normal alpha-galactosidase in plasma and leukocytes.<sup>2</sup>



## DIAGNOSING FEMALES:

- Enzyme assay alone is frequently insufficient for diagnosis.
- DNA-based diagnosis is required in females with normal to low-normal enzyme activity levels, and is advisable in all suspected patients.



## OCULAR ASSESSMENT:

- Corneal whorling, visible through slit lamp ophthalmoscopy, is present in >90% of Fabry disease patients.<sup>5</sup>
- A slit lamp exam by an eye care professional may help establish the need for further testing.

## WHAT TO DO IF YOU SUSPECT FABRY DISEASE

If you suspect that a patient has Fabry disease, refer to a geneticist. A geneticist can help establish a definitive diagnosis and provide information on disease management.

## SANOFI GENZYME RESOURCES

### For Providers:

Sanofi Genzyme  
Medical Information  
1-800-745-4447, option 2

### For Patients:

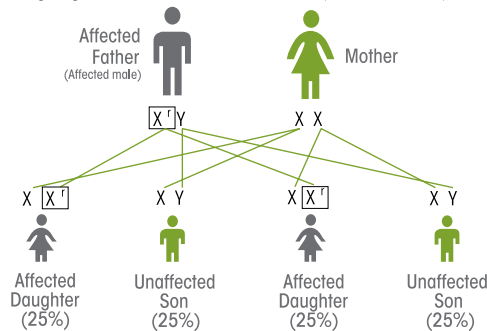
Connect with a Sanofi Genzyme Case Manager online at [www.careconnectpss.com](http://www.careconnectpss.com) or call 1-800-745-4447, Option 3, Monday through Friday, 8:00 AM to 6:00 PM ET  
[www.discoverfabry.com](http://www.discoverfabry.com)

## HOW FABRY DISEASE IS INHERITED

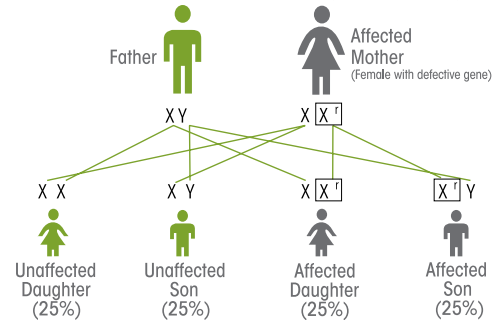
Fabry disease is an X-linked genetic disorder. Males with the defective gene pass it on to all of their daughters and none of their sons. Females with the defective gene have a 50% chance with each pregnancy of passing the gene to each of their offspring.

Because females have two X chromosomes in every somatic cell, Fabry disease symptoms are more variable in females than they are in males. However, potentially life-threatening complications can develop, even in females whose presentation may suggest a more moderate disease course.

### Segregation of X-Linked Trait (Affected Father)



### Segregation of X-Linked Trait (Affected Mother)



1. Germain DP. Fabry disease. Orphanet journal of rare diseases. 2010 Dec;5(1):30.
2. Desnick RJ, Ioannou YA, Eng CM.  $\alpha$ -Galactosidase A Deficiency: Fabry Disease. In: Valle D, Beaudet AL, Vogelstein B, Kinzler KW, Antonarakis SE, Ballabio A, Gibson K, Mitchell G, eds. New York, NY: McGraw-Hill; 2014. <http://ommbid.mhmedical.com/content.aspx?bookid=971&sectionid=62644837>
3. Wang RY, Leis A, Mirocha J, Wilcox WR. Heterozygous Fabry women are not just carriers, but have a significant burden of disease and impaired quality of life. Genet Med 2007;9:34-45.
4. Wilcox WR, Oliveira JP, Hopkin RJ, et al. Females with Fabry disease frequently have major organ involvement: Lessons from the Fabry Registry. Mol Genet Metab 2007; doi:10.1016/j.ymgme.2007.09.013.
5. Franceschetti A. Fabry disease: ocular manifestations. In: Bergsma D, Bron AJ, Collier E (eds). The Eye and Inborn Errors in Metabolism. Vol. 12, No. 3. New York: AR Liss Co., 1976:195-208.